

2025 Omaha Women's Health & Wellness Conference
Health Fair - blood work test explained

Blood test	Description	Cost
COMPREHENSIVE BLOOD COUNT	Comprehensive Blood Count (CBC) measures many different parts and features of your blood (i.e. RBC, WBC, platelets, hemoglobin, hematocrit).	\$6.00
COMPREHENSIVE METABOLIC PANEL	Comprehensive Metabolic Panel (CMET) measures 14 different substances in your blood. It provides important information about your body's chemical balance, metabolism, liver and kidney function and electrolyte levels.	\$8.00
FERRITIN	Ferritin test measures the amount of ferritin in the blood, which is a protein that stores iron. This test helps determine how much iron the body has stored.	\$15.00
LIPID PANEL **	** Lipid (LIPID) measures the level of lipoprotein in your blood. A high level of lipoprotein may mean you have a high risk of heart disease and stroke.	\$6.00
HEMOGLOBIN A1C	Hemoglobin A1C is a test that shows what your average blood sugar (glucose level) was over the past two to three months.	\$12.00
TSH	Thyroid Stimulating Hormone (TSH) test measures the level of TSH hormone. TSH levels that are too low or high may be a sign of a thyroid problem.	\$7.00
VITAMIN D	Vitamin D (VITD) measures the level of vitamin D in your blood. Vitamin D is essential for healthy bones and teeth.	\$23.00

**** Patients should fast for 12-16 hours prior to blood draw.**